

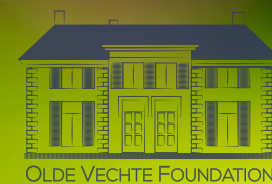
info letter

# Something Fresh

Ommen, the Netherlands

preparatory visit: online 2024

learning event: 27 October – 2 November 2024



# Something Fresh

about

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**Something Fresh** is an **advanced & highly practical training course** on guiding other people. If you work with people on a daily basis and **would like to improve yourself** and your ability to create & facilitate learning processes, then this might be the project for you!

While working with people, we always get challenged and we always get to learn more about ourselves – therefore, **personal development goes hand in hand with professional development**. This is also the reason why this learning event is a dynamic combination of practices and experiences – experiences through which we bring to the surface the unchangeable competencies, such as:

Agility & adaptability

Connection & social intelligence

Empathy & emotional regulation

Resilience

Personal leadership & ability to show up

Critical reflection



# about

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Creating a suitable learning process is not that simple... One good activity is hardly enough – it is **all about the context that we create**, the playground that we offer. There are many different elements and layers that play a role and it takes agility and creativity to work with these.

**How to create impact?**

**How to read an individual and the group?**

**How to work with triggers?**

**How to create a balance between a process and a procedure?**

**How to work with the invisible?**

**How to do more with less?**

**How to see beyond the story of our participants?**



Our idea is to **take a look at the topics of education from a new perspective.** We zoom out and switch the focus from a *one-size-fits-all* approach to a strong and unique method. For whom? For individuals and for groups – to see how to adjust and **adapt your working style.**

Through hands on experiences you will discover and find your unique approach and your own answers to the following questions:

How do people learn?

How to create a didactic learning process in a context?

How to take a critical look at yourself?

How to design and facilitate purposeful activities?

How to guide the learning process of other people?

How to see the bigger picture and create suitable & relevant interventions out of connection?

How to put learning as the primary focus when working with people? (instead of comfort)

Which tools are available for you while supporting others?

What is your unique coaching, training and facilitation style?

How do you show up, connect with others and handle difficult situations?



# what to expect

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This will be an intense training with long & packed days and sometimes challenging processes. You will have the chance to come with your learning questions, learn from your peers and explore & experiment through the dynamic practice sessions. We will offer a variety of inputs, but your experience and how much you take away will be fully in your hands.



## ELEMENTS:



# whom are we searching for?

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*you are:*

- 23–28 years old
- active within your organization and/or local community
- someone with significant experience when it comes to non-formal education
- someone who wants learn more about the art of guiding other people's learning process
- eager to learn more about the development of educational experiences
- excited about non-formal learning activities
- motivated to create learning opportunities for others
- able to work in English



# timeline

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## ● Pre-learning preparation

Before the learning event you will have the chance to get in touch with other participants and with the topic of this project through an **online** group.

## ● Preparation visit (autumn 2024)

We will host this visit **online** – the dates will be decided later on together with the selected participants.

## ● Learning event:

- \*arrival day – 27 October, until 18.00
- program starts – 27 October, at 19.00
- program ends – 2 November, at 20.00
- departure day – 3 November, before 10.00

\*we would like to start and end the program together, therefore we invite you to plan your travel in a way that **you are here for the whole program**. In case you would like to visit the Netherlands, feel free to arrange that before or after the program.

## ● Follow-up: System Development & Outreach activities (November – December 2024)

To grow further while sharing your skills with others, you will organize two local events back home – for young people & for other professionals.

# travel reimbursement

**Preparation visit:** you will receive the exact amount that you spend on your tickets (within the given budget):

*Germany, Latvia, Portugal, Spain, Romania, Czech Republic, Italy, Bulgaria, Greece (Praxis) | 275 euros*

*Greece (Roes Cooperativa), Iceland | 360 euros*

**For the learning event (in some cases) you can use the green travel option or the non-green travel option. Regardless, you will get the full travel reimbursement amount at the end of the event, according to the country you are coming from.**

	green* travel	non-green travel
<b>travel reimbursement</b>	Germany, Latvia, Spain, Romania, Czech Republic, Italy, Bulgaria   320 euros	Latvia, Portugal, Spain, Romania, Czech Republic, Italy, Bulgaria, Greece (Praxis)   275 euros (Roes Cooperativa), Iceland   360 euros
<b>participation fee</b>	no participation fee	75 euros, which will be taken automatically from the travel reimbursement
<b>ways of travel</b>	environmentally friendlier way of travelling, for example, taking a bus, train or car sharing	faster way of traveling, for example, flying

\*Green travel counts if at least 51% of the total distance in kilometres from the city of your sending organization is done via green ways of travel.

# how to apply?

In case you have any further questions regarding the project, feel free to contact either our partner organizations or us directly through [info.oldevechte@gmail.com](mailto:info.oldevechte@gmail.com).

If you are selected, we will send a **Confirmation Letter** to you with more information regarding your participation. **ONLY** then you can start booking your tickets!

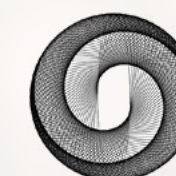
*Click here to fill the application form!*

Country	Organization	E-mail
Netherlands	Olde Vechte Foundation	<a href="mailto:info.oldevechte@gmail.com">info.oldevechte@gmail.com</a>
Latvia	re:view	<a href="mailto:reviewlatvia@gmail.com">reviewlatvia@gmail.com</a>
Czech Republic	Younique	<a href="mailto:yunique.organization@gmail.com">yunique.organization@gmail.com</a>
Czech Republic	EYCB	<a href="mailto:eycb.info@gmail.com">eycb.info@gmail.com</a>
Greece	Roes Coop	<a href="mailto:weare@roescoop.com">weare@roescoop.com</a>
Greece	Praxis	<a href="mailto:alevra@otenet.gr">alevra@otenet.gr</a>
Portugal	Rota Jovem	<a href="mailto:goeurope@rotajovem.com">goeurope@rotajovem.com</a>
Romania	YMCA Romania	<a href="mailto:alina.ymca@gmail.com">alina.ymca@gmail.com</a>
Bulgaria	Alter Network	<a href="mailto:alternetworkoffice@gmail.com">alternetworkoffice@gmail.com</a>
Bulgaria	Smokinya	<a href="mailto:info@smokinya.com">info@smokinya.com</a>
Germany	Numinous	<a href="mailto:erasmus@numi-nous.org">erasmus@numi-nous.org</a>
Spain	Ticket2Europe	<a href="mailto:ana.delvalle@ticket2europe.eu">ana.delvalle@ticket2europe.eu</a>
Italy	Youth Connect	<a href="mailto:international@youth-connect.com">international@youth-connect.com</a>
Iceland	AFS Iceland	<a href="mailto:renate.lava@afs.org">renate.lava@afs.org</a>
Spain	Proyecto Nagual	<a href="mailto:proyectonagual@gmail.com">proyectonagual@gmail.com</a>

# partners



PROYECTO



NAGUAL



# about Olde Vechte foundation

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Olde Vechte is a non-profit organization based in Ommen, the Netherlands. It has been functioning as a training center for non-formal education, personal development, coaching, social and cultural work. Its mission is to create a learning environment out of love, care and cooperation for everyone, especially for people whose needs cannot be met by the methods of formal education. Out of this approach, the foundation is focused on the method of learning by experience.



## about the venue and accommodation

The project will take place in and around the main accommodation, in the small city of Ommen, surrounded by nature. The house will serve as a home and working space during these days, which means that we will also take care of it and refresh it by ourselves. Catering will be provided by the foundation.

You can learn more about the venue **OLDE VECHTE** here.

# about facilitators

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Anna Marija Bērziņa

Anna is a learning & development project designer and manager of 3 international NGOs. She's an outdoor educator with 8 years of experience in creating dynamic, context-based educational programs.

In the team she's the one with a plan, mentoring people with various coaching approaches and creating a learning flow that matches the group's needs. Anna is always bringing a fun and adventurous twist to all that she does.



Krisztina Erdélyi

Krisztina is a facilitator and training specialist with over a decade of experience in the field of education. She has a playful approach to growth: she likes to combine nature with various dynamic work forms to create a safe yet challenging environment for her participants.

She loves to work with perspective: her programs offer context for zooming out and allow insights while sparking questions and movement. For her, each learning process is a unique combination of elements – always exciting and the ever-new pieces shape the experience. This is why she offers tailor-made guidance for the people that she is training and mentoring.

**We have a wonderful team full of creative and joyful youngsters. Together we will turn this experience into an unforgettable adventure!**

# Something Fresh



OLDE VECHTE FOUNDATION



Erasmus+



erasmus+

meer perspectief

Design by: *Mailo*

Photos by:  
Ausma Cīrulniece  
Paula Cinīte